

Bodhi Tree Home

Julie

Wilson-Hirst is owner/operator of the Bodhi

Tree a centre offering psychotherapy/counselling services, therapeutic group

work, personal development workshops and meditation. Services offered will appeal to those people

interested in developing a deeper awareness of self and realising

their full potential and creativity together with those interested

in bringing greater awareness and compassion into their lives. We offer a range of contemplative, expressive and

creative community practices

that enable the development of inner peace and a deep, soulful

awareness of our interconnectivity to all living things. Consider

accessing our Centre if you are seeking:

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Connection

and support in developing a contemplative way of being in the world

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Developing

a regular practice of soulful, non-separation that facilitates a

deeper commitment to self, community and the earth

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A

meditation program for health and well-being

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Psychotherapy

and counselling services.

Julie

Wilson-Hirst is a Psychotherapist and Counsellor who has worked in

the human and community services sector for nearly 20 years. Her

experience spans the private, public and not-for-profit sectors where

she has held positions in management, training and human resource

development, community development and community education. Julie is

currently in private practice and along with her husband is the owner

of the Bodhi Tree, a Centre providing counselling, psychotherapy,

meditation and personal development workshops.

Her

qualifications include a Masters in Mental Health (Psychotherapy) from the University of Queensland, degrees in Arts

(English Literature and

History), Adult and Vocational Education (majoring in Human Resource

Development), Post Graduate qualifications in the Transpersonal and

Expressive Therapies, and
Advanced Diploma in Buddhist Psychotherapy.

Julie has been a practising Buddhist for 17 years. She is a Clinical Member of the Queensland Association of Family Therapy (QAFT), the Queensland Counsellors Association (QCA) and the Australian Association of Buddhist Psychotherapists and Counsellors and is PACFA registered. Julie is also an approved Supervisor with QCA.

About
the Bodhi Tree Logo

Sariputra, one of the ten great disciples of Gautama Buddha, is represented on the Bodhi Tree logo. Sariputra left home at the age of 20 in search of the truth of life. He was known for his mental quickness, intelligence and wisdom. He also dedicated himself to observing and preaching the Dharma and was renowned for his compassion and desire to assist others.